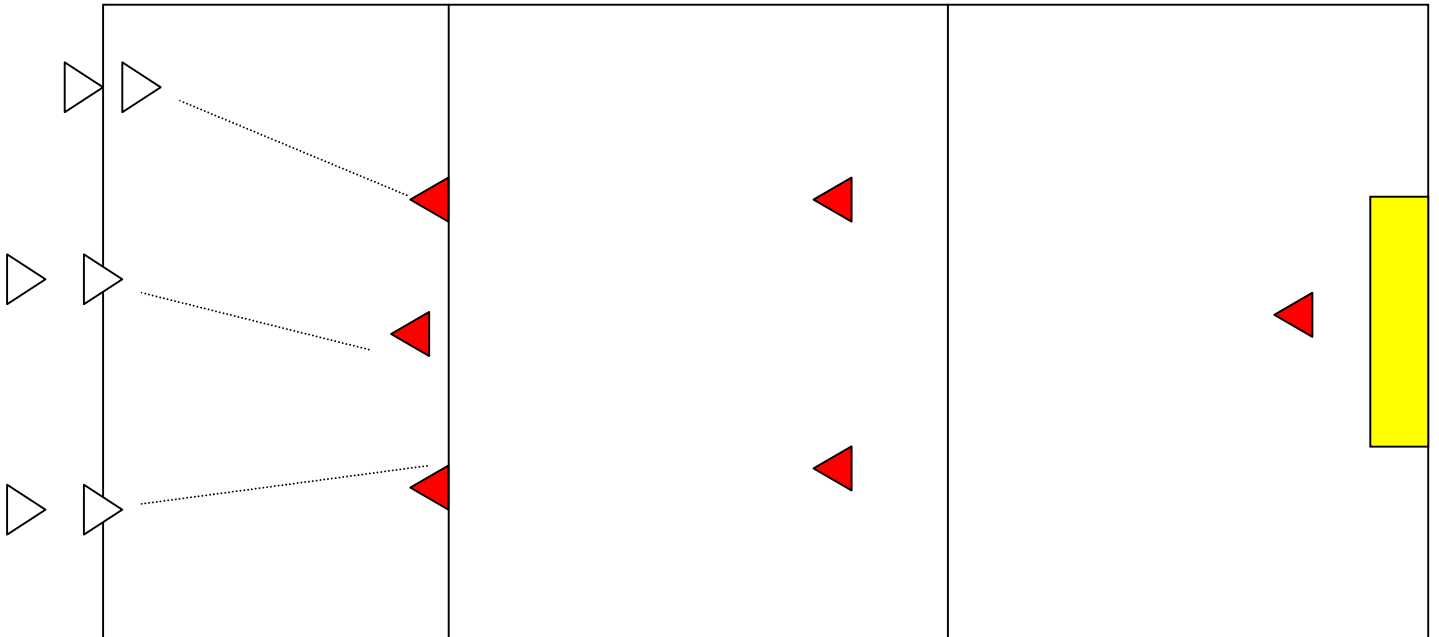


War



The Game

1. Dribblers' (light triangles) try to dribble through the three zones occupied by the dark triangle defenders.
2. Defenders must stay in their zones, and try to kick any ball that is dribbled through out of bounds.
3. Dribblers' go three at a time. If the dribbler ahead of you in your line gets their ball knocked out, the next dribbler in line may go right away.
4. As soon as the 'dribbler' in front of you leaves the zone, the next 'dribbler' can also go.
5. After beating the last defender, the 'dribbler' must shoot the ball into the goal to get a point for their team.

Coaching Points

- Good dribbling technique.
- Look for an opening... perhaps sending a teammate in early to act as a decoy, then when the defense opens up take that clue to penetrate.

Variations on the Game

- Put a 'FREE ZONE' between each zone shown. The free zone can be 5 yds. wide.
- Once the dribbler gets in the free zone, they can rest before they take on the next defender.
- You can also have people that make it into the free zone, leave their ball and assist the next person to try to get past the defender by passing.